

SIGNATURE

The Signature Series represents ZIVA's endeavor to produce a line of products second to none in their class. We've carefully selected some of the best training tools and worked with the experts who know them best to design and build this series from the ground up.

Result: the best products on the planet. With access to the most comprehensive professional education available, the Signature Series is the holy grail for those not satisfied with anything less than the best.

If you're serious about training, look for Signature.

Warranty:

Signature Series products have a limited 2 year warranty.

STEVE COTTER

SIGNATURE STEEL COMPETITION KETTLEBELL



STEVE COTTER

For many years Steve Cotter has promoted body-mind fitness around the world through martial arts, qigong, mobility, flexibility and kettlebell training and via IKFF educational courses. Named one of Men's Health magazine Top 100 Fittest Men of All-time, has worked hands-on with children, seniors, to the best athletes in the world. While an icon in the fitness world through his awe-inspiring physical feats as seen in the world of YouTube, he simply loves to teach and share his unique experience to promote health, happiness, and longevity through fitness.

Some of Steve's professional accomplishments include:

- Founder and Director of the IKFF-International Kettlebells & Fitness Federation
- International lecturer and teacher on 6 continents and over 60 countries
- Nike China Featured Presenter
- Consultant to numerous professional and NCAA sport teams, including NFL, MLB, NHL, University of Texas
- Subject Matter Expert to US Navy SEALs at Virginia Beach, VA
- Strength & Conditioning instructor for US Marines at Quantico Marine Corps Base
- Author of Kettlebell Training, by Human Kinetics Publishing
- Encyclopedia of Kettlebell Lifting and over a dozen DVD's
- Bachelor of Science Degree in Kinesiology





STEVE COTTER SIGNATURE STEEL COMPETITION KETTLEBELL

Designed with world renowned kettlebell authority, Steve Cotter, the ZIVA Signature Steel Competition Kettlebell is built to meet the standards of those who train and compete with kettlebells at the highest and most demanding levels. In addition to meeting international competition standard dimensions, including the rare 35 mm handle diameter, the Signature Steel Competition Kettlebell features a unique hard-wear, universally textured surface, especially conducive to taking and holding chalk for extended bouts of performance.

The upward-loaded, no fill steel construction results in a lower moment of torque in all movements, with a distinctly crisp balance especially noticeable in ballistic rotator moves. Add to that the smallest weight increments available anywhere, and you've got the most serious line of competition kettlebells in the world.

Features:

- Designed with kettlebell authority Steve Cotter
- Standard International competition dimensions
- Textured surface holds chalk better for extended performance
- No fill steel construction
- 35 mm diameter handle
- Available in textured black or textured competition colors

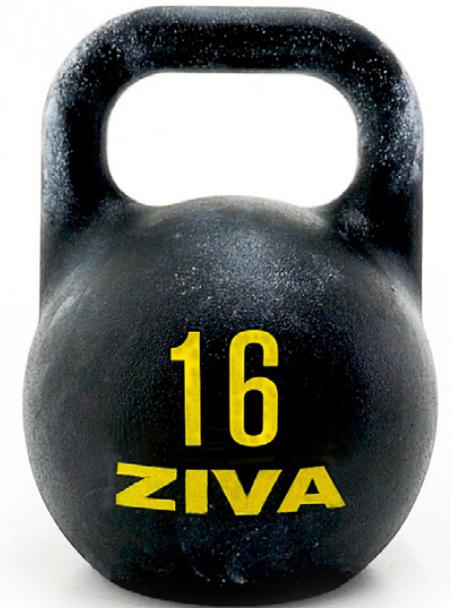
6 kg = Black
 8, 10 kg = Pink
 12, 14 kg = Blue
 16, 18 kg = Yellow
 20, 22 kg = Purple
 24, 26 kg = Green
 28, 30 kg = Orange
 32, 34 kg = Red
 36 kg = Grey

Order Code

ZMT-CTKB-5660
 ZMT-CTKB-5620
 ZMT-CTKB-5621
 ZMT-CTKB-5622
 ZMT-CTKB-5623
 ZMT-CTKB-5624
 ZMT-CTKB-5625
 ZMT-CTKB-5626
 ZMT-CTKB-5627
 ZMT-CTKB-5628
 ZMT-CTKB-5629
 ZMT-CTKB-5630
 ZMT-CTKB-5631
 ZMT-CTKB-5633
 ZMT-CTKB-5634
 ZMT-CTKB-5637

Set Description

Signature Sport Competition Kettlebell 6 kg
 Signature Sport Competition Kettlebell 8 kg
 Signature Sport Competition Kettlebell 10 kg
 Signature Sport Competition Kettlebell 12 kg
 Signature Sport Competition Kettlebell 14 kg
 Signature Sport Competition Kettlebell 16 kg
 Signature Sport Competition Kettlebell 18 kg
 Signature Sport Competition Kettlebell 20 kg
 Signature Sport Competition Kettlebell 22 kg
 Signature Sport Competition Kettlebell 24 kg
 Signature Sport Competition Kettlebell 26 kg
 Signature Sport Competition Kettlebell 28 kg
 Signature Sport Competition Kettlebell 30 kg
 Signature Sport Competition Kettlebell 32 kg
 Signature Sport Competition Kettlebell 34 kg
 Signature Sport Competition Kettlebell 36 kg





JOHN BROOKFIELD

SIGNATURE BATTLE ROPES





JOHN BROOKFIELD SIGNATURE BATTLE ROPES

Designed to the specifications of John Brookfield, the famed master of strength feats who introduced rope training to the world, ZIVA Signature Battling Ropes are the best training ropes available. Constructed of a time-tested blend of fibers designed to wear comfortably in the hands under prolonged use while simultaneously resisting the picking and fraying common to heavy output, these ropes are formulated for serious trainers.

Featuring the exclusive Signature patented handle design, grip fatigue and grip-inhibiting conditions like carpal tunnel syndrome can no longer claim mastery over your regimen. Four sizes of individual ropes and an exclusive group training rope, each with clearly labeled lengths and weights, bring literally hundred of novel training and conditioning options into the palms of your hands. From well-known "wave" training to the advanced push-pull and pole systems, this rope promises to go as far as you can handle, pun intended.

Features:

- Designed with John Brookfield
- Signature patented handle design reduces grip fatigue
- Available in four sizes

Order Code

ZMT-BTRP-5610
ZMT-BTRP-5611
ZMT-BTRP-5612
ZMT-BTRP-5613
ZMT-BTRP-5614
ZMT-BTRP-5619

Set Description

Signature Battling Rope (5 cm x 15.24 m) / (2.0" x 50') 16 kg
Signature Battling Rope (3.8 cm x 10 m) / (1.5" x 33') 10 kg
Signature Battling Rope (3.8 cm x 15.24 m) / (1.5" x 50') 12 kg
Signature Battling Rope (5.0 cm x 10 m) / (2.0" x 33') 10.6 kg
Signature Battling Rope (3.8 cm x 30.48 m) / (1.5" x 100') 24 kg
Signature Battling Rope (5 cm x 30.48 m) / (2.0" x 100') 32 kg

JOHN BROOKFIELD

John Brookfield is an internationally known Strongman and Strength and Conditioning coach famous for his feats of strength, physical endurance and his ability to create physical training systems which are used by athletes, trainers and coaches world wide. John has been seen on many television programs such as Regis and Kathie Lee, Good Morning America, The Today Show, Vicki Lawrence and the Statler Brothers.

John has created physical training programs such as the Chain Reaction Program, Beyond Bodyweight training and Brookfield's Barrel training. However, his most famous training program is the Battling Ropes Training System which is now seen everywhere including countless television commercials which show the ropes being used by someone. The Battling Ropes are extremely eye catching, however there is much more than meets the eye with John's Battling Ropes System.

John is a popular speaker and presenter and has been a favorite for many years at the Perform Better functional training Summits. He works quite often with NFL teams, Military Special Forces Units and Police Squads. John has performed many world records when it comes to sustaining work capacity over time. Even though John is in his fifties now he just recently set a new world record for pulling a forty thousand lb. semi-truck the distance of one full mile with the help of his truck pulling partner Kirk Nobles. Together they pulled the truck on the one mile course in 50 minutes and 54 seconds without the use of any pulling ropes. This is an incredible feat especially considering the last 1/4 mile was uphill.

Even though John processes great wisdom and knowledge when it comes to physical training he is well known for his polite laid back nature and his ability to make everyone feel at ease and comfortable during his training courses.







IVAN IVANOV

SIGNATURE FITNESS BULGARIAN BAG & SUPLES FIT BALL + TARGET SLAM MAT

IVAN IVANOV

Ivan Ivanov was born in the city of Kazanluk, Bulgaria and grew up in a town called Gurkovo, Bulgaria. In 1981 he joined the Greco Roman wrestling program at the Sports School & Technical College in Stara Zagora, Bulgaria, where he began his ascent into Greco Roman Wrestling greatness. He graduated in 1987 and joined the Bulgarian Elite Army sports program where he competed until 1992 for the Central Army Sports Club in Sofia, Bulgaria. From 1993 through 1997, Ivan competed for the Wrestling Club Slavia Litex in Sofia, Bulgaria, and after numerous national and international awards and achievements as a competitor, he began coaching the sport from the lowest to highest levels of competition.

Some of Ivan's professional accomplishments include:

- 1994 World Silver Medalist, Tampere Finland
- 1995 Bulgarian Wrestling Federation Gold Belt Winner of the Grand Pre Nikola Petrov Greco Roman Wrestling Tournament
- 1996 Olympian 1996 Atlanta, Georgia, USA – finished 5th place for the country of Bulgaria
- 5x Bulgarian National Greco Roman Wrestling Champion and 2x nominated as outstanding wrestler
- 1999 USA Wrestling National Coaches Education Program - Gold Level
- 2000 USA Wrestling "Western Regional Developmental Coach of the Year"
- 2002 through 2009 Head Greco Roman Wrestling Coach at the United States Olympic Training and Education Center
- 2009 USA Wrestling Greco Roman Coach of the Year Award
- 2010 Suples Wrestling Club President & Coach
- 2012 USA National Hall of Fame Lifetime Service to Wrestling Award





IVAN IVANOV SIGNATURE FITNESS BULGARIAN BAG

Created by Bulgarian wrestling legend and Team USA Hall of Fame coach, Ivan Ivanov, the ZIVA Signature Fitness Bulgarian Bag takes dynamic bag training to new limits. Originally developed to train elite level wrestlers for the vigors of loaded ballistic movements encountered in sport, our Signature Bag features subtly redesigned fitness elements suited for longer durations of output and additional moves not possible with the original bag.

Available in four sizes spanning 5 kg (11 lb) through 17 kg (37 lb), the Signature Bags are accessible to people of various statures and levels of strength, while also giving high powered users a wide enough range of load to vary training speeds and durations appropriate to their periodization schedules.

Features:

- Created by wrestling legend Ivan Ivanov
- Developed to train elite wrestlers
- Double stitched heavy duty vinyl
- Multiple gripping options provide large range of exercises
- Available in four sizes from 5 - 17 kg (11 to 37 lb)
- Made in Europe

Order Code

ZMT-SGBG-1560
ZMT-SGBG-1561
ZMT-SGBG-1562
ZMT-SGBG-1563
ZMT-SGBG-1564

Set Description

Signature Bulgarian Bag 5 kg
Signature Bulgarian Bag 8 kg
Signature Bulgarian Bag 12 kg
Signature Bulgarian Bag 17 kg
Signature Bulgarian Bag Set 4 pieces (5, 8, 12, 17 kg)





IVAN IVANOV SIGNATURE SUPLES FIT BALL

The ZIVA Signature Suples Fit Ball, created by famed wrestling legend and coach Ivan Ivanov, is the high speed, high agility, high powered counterpart to the Signature Bulgarian Bag. Developed to emphasize quick movements and ballistic changes in direction, the Fit Ball will redefine your conception of muscular endurance training, hone your timing and coordination, and armor your torso and shoulder dynamic output abilities.

In addition to four ball sizes ranging from 4 kg (9 lb) to 10 kg (22 lb), two included handle length options allow for changes in training torque and speed, and the separately available Slam Mat opens up awesome options for alternate output directions and repetitive power bouts. Featuring double stitched heavy duty vinyl, long lasting beech wood handles, and dual ventilation eyelets, the Signature Suples Fit is built for long lasting output.

Features:

- Created by wrestling legend Ivan Ivanov
- Double stitched heavy duty vinyl
- Two handle length options included
- Available in four sizes from 4 - 10 kg (9 to 22 lb)
- Made in Europe

Order Code

ZMT-SPFB-5615
ZMT-SPFB-5616
ZMT-SPFB-5617
ZMT-SPFB-5618

Set Description

Signature Fit Ball Light 4kg
Signature Fit Ball Small 6kg
Signature Fit Ball Medium 8kg
Signature Fit Ball Large 10kg

IVAN IVANOV SIGNATURE TARGET SLAM MAT

Specifically designed for use with the ZIVA Signature Suples Fit Ball, the Target Slam Mat expands the repertoire of Fit Ball training possibilities. Enabling new variations of high downward power, rebound timing, and visual accuracy, it's like an upgrade to your Fit Ball training regimen. Made of competition density wrestling foam and covered in the same high grade vinyl as the Signature Bulgarian Bag and Suples Fit Ball, the Slam Mat is built to train hard and last long, while ensuring a long lifespan to your other Ivanov Signature products, when used in tandem. Finished with the same beautiful design, it's an immediate compliment to your existing Signature products.

Features:

- Created by wrestling legend Ivan Ivanov
- Double stitched heavy duty vinyl
- Specifically designed for use with the ZIVA Signature Suples Fit Ball
- Made in Europe

Order Code

ZMT-FBTM-5609

Set Description

Signature Target Slam Mat



ZIVA SIGNATURE

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CUSTOMER CARE

The ZIVA team is committed to ensuring that the customer service experience you receive is as excellent as the products you purchase from us. To learn more about ZIVA products, please contact sales@zivalife.com.

www.zivalife.com

